



## Instructions for Runners

1. This race will be timed and scored using a computer and RunScore race software. Your race number and time will be manually recorded as you cross the finish line.
2. You will be issued a race number with a tear-off tag at the bottom. Attach your number to your clothing on the front side of your body, so that your number can be clearly seen and read by race officials as you approach the finish line. Do not remove the tear-off tag prematurely; it must be collected by race officials at the finish line. Therefore, do not attach the tear-off tag section of your race number to your clothing with safety pins; leave it free where it can be easily removed.
3. There will be a finish chute at the finish line, arranged to funnel the runners down into single file. Race workers will be at the end of the chute to collect the tear-off tag from your race number. Proceed through the chute, remaining in the correct order of finish until the workers have removed your tear-off tag. If you wish, you may remove the tag yourself and hand it to the workers; this will speed up the flow of runners through the finish chute.
4. Do not cross the finish line more than once. If you finish the race and then go back out on the course to accompany another runner as they finish, veer off the course well in advance of the finish area so that you are not confused for a first-time finisher. Runners who cross the finish line more than once may result in multiple times being recorded for them, which in turn may result in incorrect times being assigned to later finishers.
5. Failure to observe these instructions may result in your being disqualified from consideration for awards and not being listed in the race results.

Thank you for your cooperation!