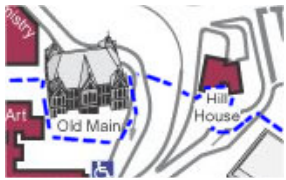
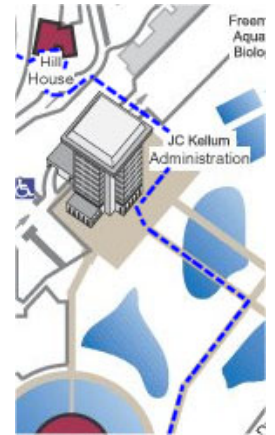


SWT Campus Run Route Contributed by David & Lane Jones

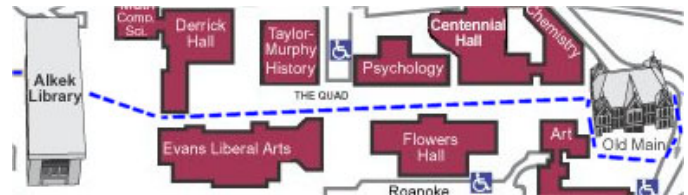


Start at the corner of University Drive and Moon Street (parking lot on the southwest corner) and run north on Moon Street (one way). Turn right at “Theatre Center” sign and cross the moat to the Theatre Center. Run halfway around the Theatre Center and cross the moat again. Go down the steps onto the wide sidewalk between the cypress trees, and proceed to the two long bridges crossing the water in front of the J.C. Kellam Administration Building (JCK). Turn left across either bridge and run up the front steps of JCK to the front door. Turn right and run across the front plaza and down the side steps. Turn left across the side parking lot toward the stairs with iron railings headed up the hill toward Old Main. (It starts to get tough here, so walk or run as desired.) At the top of these steps, turn left, run about 25 steps down the road, then turn left up the steps toward Hill House, which is the reddish brick building halfway to Old Main.

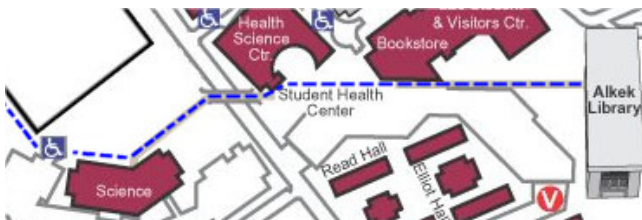


You’re halfway up the hill! Run up past the front porch of Hill House, and up the steps on the far side. Cross the campus road and go straight up the steps with the metal tube railings leading to Old Main. Cross one more small street and go up the brick steps to the back of Old Main. If the back door of Old Main is open, there are water fountains and a restroom just to your left. Go left on the sidewalk behind Old

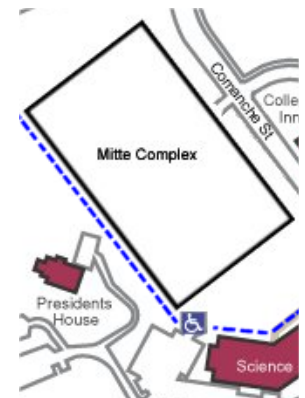
Main and run around to the front of the building. It is traditional to slap the brick by the front door! Turn left (west) and run (downhill!) down the length of the main campus concourse. Run toward the Library building in the distance. Pass to the left of the bronze statue of the fighting stallions (next to Derrick Hall) and head up the steps toward the Alkek Library.



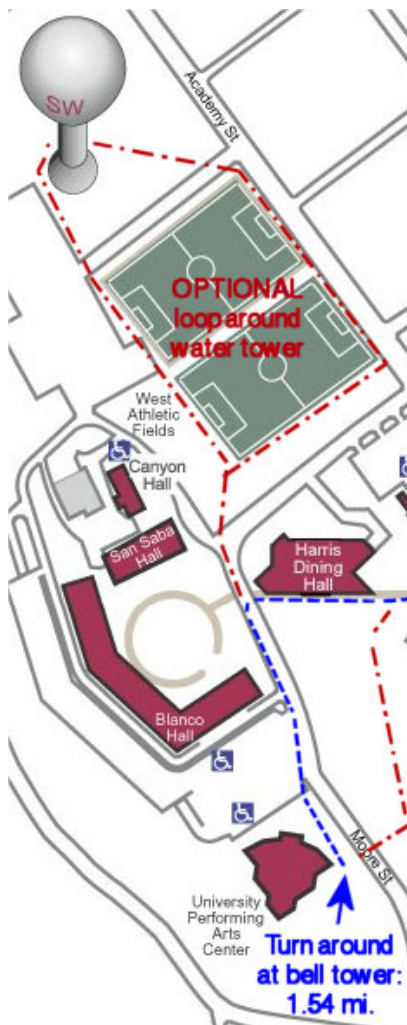
Run through the open-air pavilion in the center of the Library, past the great seal engraved in the marble, and continue to head west. Go up more steps to the left of the SWT Book Store sign, in bronze letters on the wall in front of you (take the steps OR the sloping ramp to the right; they end at the same place). At the top of these steps, you will see the Health Science Center on your right;



continue straight, up more steps, to the pedestrian bridge crossing over Comanche Street. Keep running on the concourse past the entrance to the Science Building (it’s about one mile to this point!). Bear to the right on the concrete sidewalk that passes between the Mitte Complex (under construction as of early 2003) and the President’s House; much of the



sidewalk is adjacent to a board wall that has artwork all along it, so you get a little free culture along with your workout! Follow this sidewalk so that the President's House is on your left, and the artwork wall is on your right. As you are about to run out of both artwork and sidewalk, the walkway bears to the left. Follow it uphill toward the Rec Center; it becomes an asphalt walkway, goes between two wooden posts across a lane and becomes a sidewalk again, headed toward the Rec Center. (Observe at this point the students running on the indoor track but **not** getting fresh air, like you are!) Turn left at the corner past the Family & Consumer Sciences Building, then right across the street, around the corner of the Rec Center, past its front entrance, and continue down the long, wide, paved concourse. At one point, you can choose to either (1) go left down some steps into the grassy valley, past the hillside brick seating arena to a dirt lane that winds up the hill, OR (2) go straight down the concourse until it ends, then turn left down Moore Street toward the brown pointed chapel bell tower, which is the turnaround point (1.54 miles). Either way, you end



up just in front of the Performing Arts Center (with a metal roof that looks like a sombrero) and the striking bell tower next to it. Run up into the base of the tower and congratulate yourself! Now just turn and retrace your route, which will be mostly downhill. Straight ahead, you will see the SWT water tower ahead of you. If you want to add some distance to your run (about 0.6 miles), you may choose to run up to the soccer fields, circle around the water tower, back on the grass around the soccer fields, then rejoin the route at the end of the concourse. (If you want to add **more** distance, just jump out onto the track around the soccer field closest to the water tower, and run laps until you have about two miles left in you!) Be careful on the return route; there are many steps down on the return, and if you are fatigued, you may stumble and fall. On the other hand, keep your head up as much as possible so that you can enjoy all the scenic views from the top of the hill. Without the extra distance options, the total distance of the basic route is just short of a 5K (3.08 miles); but it's a tough run, especially the first half going out. So, when you get back to your starting point, congratulate yourself again; then treat yourself to some really fine coffee at Jo On The Go (in the strip center where you parked) if you're so inclined.

