

Directions to Country Estates

From San Marcos: From downtown San Marcos, follow Old Ranch Road 12 (Moore St) west toward Wimberley. Approx. 0.6 miles past the traffic signal at Craddock Avenue, turn right at the Texaco station onto Country Estates Drive (County Road 226). Proceed for approx. 150 yards and turn left at the first street; the University Church of Christ is on the corner. Follow signs and/or volunteer directions to the parking area and race registration area.

From IH-35: Take Exit 202 (RM12 - Wonder World Dr - Wimberley). Turn left from San Antonio, right from Austin) onto Wonder World Dr/RR12 North. Proceed NW for 3.7 miles and turn right onto Old Ranch Road 12. Proceed for 0.7 miles and turn left at the Texaco station onto Country Estates Drive (County Road 226). Proceed for approx. 150 yards and turn left at the first street; the University Church of Christ is on the corner. Follow signs and/or volunteer directions to the parking area and race registration area.

From the West: From the junction of State Highway 32 and Ranch Road 12 near Wimberley, follow Ranch Road 12 east approx. 7.2 miles. Turn left on Old Ranch Road 12 for 0.7 miles and turn left at the Texaco station onto Country Estates Drive (County Road 226). Proceed for approx. 150 yards and turn left at the first street; the University Church of Christ is on the parking area and race registration area.



Revised 090711



San Marcos Runners Club
209 Lacey Lane
San Marcos, Texas 78667-7506

Motor on down for the 8th annual



Presented by
Subway of Central Texas



8:00 a.m.
Saturday, September 17, 2011
Country Estates
San Marcos, Texas

Race Management by the



www.SanMarcosRunners.org
info@SanMarcosRunners.org

PARTICIPANT INFORMATION

First Name _____ Last Name _____

Mailing Address _____

City _____ State _____ Zip Code _____

Phone _____

E-Mail Address _____

Male Female Age (as of 9/17/11)
 S M L XL XXL

T-Shirt Size (not guaranteed, but we'll do our best)

Indicate event 10K Kids Run

Please make checks payable to **San Marcos Runners Club** and mail to

209 Lacey Lane, San Marcos, TX 78666-7506

REGISTER ONLINE AT



<https://www.racetechs.com/register/country-roads-10k-2011>

WAIVER AND AGREEMENT (entry form not valid unless signed and dated below):

I, the person submitting this entry, am aware that participating in an event such as a 10K race is a potentially hazardous activity, and that I (or my child, if I am signing as parent or guardian) should not so participate unless physically able. I certify that I am (or my child is) medically fit to participate, and will have sufficiently trained for the event prior to participation. I (and my child, if I am signing as parent or guardian) agree to abide by the rules and the decisions of any event officials relating to participation, and assume all risks associated with participation in the event or any associated event or activities, including (but not limited to) falls, contact with other participants, effects of the weather such as high heat and/or humidity, and traffic or road conditions, all such risks being known and appreciated. In consideration of acceptance of the entry fee, and intending to be legally bound, I (and my child, if I am signing as parent or guardian) and anyone entitled to act on my (or our) behalf, assume all risks associated with participation, and waive any and all claims whatsoever against, and fully release, (1) the San Marcos Runners Club, its agents, directors, officers and representatives, (2) the owners of the facilities used for this race and the Country Estates Recreation Association, (3) all race-day volunteers, and (4) all event promoters and sponsors and their representatives and successors, from any and all claims, damages, liability, or injury of any kind arising to me or by me, whether based upon negligence or any other theory of law, resulting from my (or my child's) participation in this event. I grant full permission to any and all of the foregoing to use my (or my child's) name, or photographs, videotapes, motion pictures, or other recordings of my (or my child's) participation in this event, without obligation or liability to me (and my child). I also understand that my (and my child's) entry fee is nonrefundable. I have read this agreement carefully, and understand it, and certify my agreement by my signature below. **NOTE:** Runners under 18 years of age must have parent's signature (on parent's signature line) or read and check online waiver.

Signature (of parent/guardian if under 18) _____ Date _____

Remember how races used to be when the running craze first started? The Country Roads 10K is one of those races. That's right... "We don't need no stinking chip timing!" Just a challenging course in a closed-in, country-like subdivision; a great T-shirt; tear-tag scoring; a swimming pool for a post-race dip and some nice door prizes in addition to the awards. And it's all managed by experienced volunteers from the San Marcos Runners Club; a race put on by runners for everyone.



The Events

10K Run and Kids Run. The 10K will start promptly at 8:00 a.m. The Kids Run will start at 9:00 a.m., while the 10K is finishing.

The Course

The 10K race is on a gently rolling, certified course within the scenic Country Estates subdivision. The course for the Kids Run is a loop of 0.86 miles.



Entry Fee

Pre-registration (postmarked by 9/10/11):

10K - \$20.00; Kids Run - \$7.00 (\$1.00 with no T-shirt)

Late registration (9/11/11 - race day):

10K - \$25.00; Kids Run - \$7.00 (\$1.00 with no T-shirt)

Current students at Texas State University - San Marcos (with student ID) receive a \$3.00 discount.

Awards



For the 10K, the overall male and female winners will receive a pair of running shoes, courtesy of **Core Running Company**. Awards will be presented to the male and female Masters winners and the top 3 male and female finishers in each age division. The awards presentation will be at 9:30 a.m. All participants in the Kids Run will receive a medal following the run. Some attractive door prizes will be given after the awards ceremony; the winners will be drawn from the pool of registered entrants in the 10K only (sorry, kids!).

T-Shirts

All participants in the 10K will receive a **long-sleeved high-tech** "Country Roads 10K & Kids Run" T-shirt. Participants in the Kids Run (except as noted above under "Entry Fee") will receive a **cotton** "Country Roads 10K & Kids Run" T-shirt. Shirts are guaranteed on race day to the first 100 registered 10K participants and the first 25 registered Kids Run participants. Shirts will be mailed within 3 weeks after the race to anyone who participates in the events but does not receive their shirt on race day.



Personalized Race Numbers



Everyone who registers before **midnight on Wednesday, 9/14/11** will have their customized race number personalized with their first name (or whatever you enter in the "First Name" block when you register).

Age Divisions

19 and under, 20-29, 30-39, 40-49, 50-59, 60-69, 70 and over.

Timing & Scoring

The 10K will be manually timed and scored with **RunScore** race software.

Packet Pick-Up

Packets may be picked up on Friday, 9/16/11 between 11 a.m. and 7 p.m. at **Core Running Company, 111 E Hopkins St, San Marcos**; and on race day at the registration area, beginning at 7:00 a.m.

Take A Swim After The Race

The swimming pool at the registration area will be available if you wish to take a refreshing swim after the race, courtesy of the **Country Estates Recreation Association**, our hosts for this event.



Race Contact

David Alexander
E-mail: dta0251@centurytel.net
Phone: (512) 753-6920



About the San Marcos Runners Club

The San Marcos Runners Club (SMRC) promotes the sport of running in San Marcos and Central Texas, providing information, encouragement and training resources for runners of all abilities.

About the Country Roads 10K & Kids Run

The Country Roads 10K & Kids Run is the annual fundraising event for the San Marcos Runners Club; the proceeds will support SMRC projects and activities that promote exercise, fitness and healthy lifestyles in our community. The SMRC organizes and manages race events at no charge for many local nonprofit charities and service organizations in their fundraising efforts, and uses these proceeds to cover the expenses involved; so your donation ultimately benefits those groups.

THANKS TO OUR SPONSORS Subway of Central Texas



Setting the Standard in Cardiac & Vascular Care

